

Ascentis Entry 1, 2 and 3 Award, Certificate and Diploma

Independent Living Rule of Combination

in

The Ascentis Diploma in Independent Living (Entry 1, 2 and 3) qualifications are being withdrawn.

The last date of registration for learners is 31st July 2022 after which no further learners can be registered.

The certification end date is 31st July 2023. If you require any further clarification, please email development@ascentis.co.uk.

Ofqual Numbers:	See page 2
Award and Certificate	
Ofqual Start Date:	01/08/2018
Ofqual Review Date:	31/07/2024
Ofqual Certification Review Date:	31/07/2025
Diploma	
Ofqual Start Date:	01/03/2013
Ofqual Review Date:	31/07/2022
Ofqual Certification Review Date:	31/07/2023

Qualification Overview

The Ascentis suite of qualifications in Independent Living has been designed to address the needs of Entry Level learners, and in particular those with learning difficulties and disabilities. The flexibility of the qualifications ensures that all Entry Level learners are given opportunities to access appropriate and relevant education and improve their life chances.

There are several features of these qualifications that make them very appropriate for their target learners:

- Unit certification is available for each of the units
- Verification and certification can be offered throughout the year, allowing maximum flexibility for centres
- They can be delivered either as classroom-based courses or as a blended learning programme
- Evidence can be generated within a wide range of organisational contexts, allowing the qualification to meet the specific occupational requirements of the learners

Aims

The aims of the qualifications are to enable learners to gain skills which help them to live more independently, such as personal care, accessing community facilities and household skills.

Target Group

These qualifications are aimed at those learners who may need help and support to develop various life skills in order for them to live an independent lifestyle.

Regulation Codes

Ofqual Regulation Numbers:

- Ascentis Entry Level Award in Independent Living (Entry 1): 603/3469/1
- Ascentis Entry Level Award in Independent Living (Entry 2): 603/3470/8
- Ascentis Entry Level Award in Independent Living (Entry 3): 603/3471/X
- Ascentis Entry Level Certificate in Independent Living (Entry 1): 603/3473/3
- Ascentis Entry Level Certificate in Independent Living (Entry 2): 603/3474/5
- Ascentis Entry Level Certificate in Independent Living (Entry 3): 603/3475/7
- Ascentis Entry Level Diploma in Independent Living (Entry 1): 600/8504/6
- Ascentis Entry Level Diploma in Independent Living (Entry 2): 600/8505/8
- Ascentis Entry Level Diploma in Independent Living (Entry 3): 600/8506/X

Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria, internally assessed and verified by the centre and then externally verified by Ascentis.

Rule of Combination

Entry 1 Rationale for Rules of Combination

Ascentis Entry 1 Award in Independent Living

Learners must achieve 6 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 5 credits must be achieved from the remaining unit groups. At least 3 credits must be at Entry 1.

Units with the same title at different levels are barred.

Ascentis Entry 1 Certificate in Independent Living

Learners must achieve 15 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 14 credits must be achieved from the remaining unit groups. At least 8 credits must be at Entry 1.

Units with the same title at different levels are barred.

Ascentis Entry 1 Diploma in Independent Living

Learners must achieve 37 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 36 credits must be achieved from the remaining unit groups. At least 19 credits must be at Entry 1.

Units with the same title at different levels are barred.

Ascentis Entry 1 in Independent Living						
Unit Group A (Mandatory): Learners mus	t achieve the	1 credit unit				
Title	Level	Credit Value	GLH	Unit ref		
Independent Living	Entry 1	1	10	M/600/6146		
Unit Group B (Household Skills)						
Title	Level	Credit Value	GLH	Unit ref		
Kitchen Hygiene	Entry 1	1	10	A/600/6201		
Household Expenses	Entry 1	3	30	A/600/6215		
Recycling, Managing Waste	Entry 1	2	20	H/600/6225		
Basic Cooking Techniques	Entry 1	3	30	J/600/6198		
Food Safety and Storage	Entry 1	3	30	K/600/6209		
Household Cleaning	Entry 1	3	30	K/600/6212		
Everyday Food and Drink Preparation	Entry 1	3	30	L/600/6204		
Household Shopping	Entry 1	3	30	L/600/6218		
Make a Simple Meal	Entry 1	3	30	R/600/6222		
Unit Group C (Personal Care)						
Title	Level	Credit Value	GLH	Unit ref		

Personal Health	Entry 1	3	30	A/600/6294
Choosing Clothing and Footwear	Entry 1	2	20	J/600/6251
Personal Care and Hygiene	Entry 1	3	30	M/600/6289
Personal Presentation	Entry 1	3	30	M/600/6308
Looking after Clothes	Entry 1	3	30	R/600/6270
Drug and Alcohol Awareness	Entry 1	2	20	T/600/6259
Eating a Balanced Diet	Entry 1	3	30	T/600/6262
Personal Safety	Entry 1	3	30	Y/600/6304
Health and Fitness	Entry 1	3	30	Y/600/6268
Unit Group D (Accessing Community Fa	cilities)			
Title	Level	Credit Value	GLH	Unit ref
Living in the Community	Entry 1	1	10	A/600/6151
Accessing Health Services	Entry 1	3	30	A/600/6523
Getting about Safely	Entry 1	3	30	A/600/6540
Accessing Financial services	Entry 1	3	30	D/600/6515
Using Public Transport – Buses and	Entry 1	3	30	D/600/6546
Trains				
Accessing Commercial Services	Entry 1	3	30	F/600/6510
Accessing Leisure Services	Entry 1	3	30	K/600/6534
Knowing Your Local Area	Entry 1	3	30	M/600/6549
Using Public Transport – Taxis	Entry 1	2	20	R/600/6527
Accessing Helping Services	Entry 1	3	30	R/600/6530
Unit Group E (Personal Development)				
Title	Level	Credit Value	GLH	Unit ref
Personal Awareness	Entry 1	2	20	A/600/6490
Understanding Relationships	Entry 1	2	20	D/600/6501
Developing Assertiveness	Entry 1	2	20	J/600/6475
Making Choices	Ender 4			
	Entry 1	1	10	M/600/6485
Self-Advocacy	Entry 1 Entry 1	1 3	10 30	M/600/6485 Y/600/6495
Self-Advocacy				
Self-Advocacy Unit Group F (Leisure Activities) Title	Entry 1 Level	3	30	Y/600/6495
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside	Entry 1 Level Entry 1	3 Credit Value	30 GLH	Y/600/6495 Unit ref
Self-Advocacy Unit Group F (Leisure Activities) Title	Entry 1 Level Entry 1 Entry 1	3 Credit Value 3	30 GLH 30	Y/600/6495 Unit ref A/600/6313
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out	Entry 1 Level Entry 1	3 Credit Value 3 3	30 GLH 30 30	Y/600/6495 Unit ref A/600/6313 D/600/6319
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits	Entry 1 Level Entry 1 Entry 1 Entry 1 Entry 1 Entry 1	3 Credit Value 3 3 3 3	30 GLH 30 30 30	Y/600/6495 Unit ref A/600/6313 D/600/6319 Y/600/6450
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies	Entry 1 Level Entry 1 Entry 1 Entry 1	3 Credit Value 3 3 3 3 3 3	30 GLH 30 30 30 30	Y/600/6495 Unit ref A/600/6313 D/600/6319 Y/600/6450 F/600/6457
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care	Entry 1 Level Entry 1 Entry 1 Entry 1 Entry 1 Entry 1 Entry 1	3 Credit Value 3 3 3 3 3 2	30 GLH 30 30 30 30 20	Y/600/6495 Unit ref A/600/6313 D/600/6319 Y/600/6450 F/600/6457 J/600/6444
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities Computer Games	Entry 1 Level Entry 1 Entry 1 Entry 1 Entry 1 Entry 1 Entry 1 Entry 1 Entry 1	3 Credit Value 3 3 3 3 3 2 2 3	30 GLH 30 30 30 30 20 30	Y/600/6495 Unit ref A/600/6313 D/600/6319 Y/600/6450 F/600/6457 J/600/6444 K/600/6453
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities Computer Games Exploring Dance	Entry 1 Level Entry 1 Entry 1 Entry 1 Entry 1 Entry 1 Entry 1 Entry 1	3 Credit Value 3 3 3 3 3 2 3 2 3 1	30 GLH 30 30 30 30 20 30 30 10	Y/600/6495 Unit ref A/600/6313 D/600/6319 Y/600/6450 F/600/6457 J/600/6453 L/600/6316
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities Computer Games Exploring Dance Exploring Art	Entry 1 Level Entry 1 Entry 1	3 Credit Value 3 3 3 3 2 3 2 3 3 1 3 3	30 GLH 30 30 30 30 20 30 30 10 30	Y/600/6495 Unit ref A/600/6313 D/600/6319 Y/600/6450 F/600/6457 J/600/6453 L/600/6316 L/600/6428
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities Computer Games Exploring Dance Exploring Art Exploring Music	Entry 1 Level Entry 1 Entry 1	3 Credit Value 3 3 3 3 3 2 3 3 2 3 1 3 3 3 3	30 GLH 30 30 30 30 20 30 30 10 30 30 30	Y/600/6495 Unit ref A/600/6313 D/600/6319 Y/600/6450 F/600/6457 J/600/6453 L/600/6423 M/600/6423
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities Computer Games Exploring Dance Exploring Art	Entry 1 Level Entry 1 Entry 1	3 Credit Value 3 3 3 3 3 2 3 2 3 1 3 3 3 3 3 3	30 GLH 30 30 30 30 20 30 30 30 30 30 30	Y/600/6495 Unit ref A/600/6313 D/600/6319 Y/600/6450 F/600/6457 J/600/6453 L/600/6453 L/600/6428 M/600/6423 R/600/6432

Unit Group G (Rights and Responsibilities	s)			
Title	Level	Credit Value	GLH	Unit ref
Working as a Volunteer	Entry 1	3	30	A/600/6506
Volunteering	Entry 1	2	20	H/600/6516
Law and Order	Entry 1	2	20	F/600/6488
Understanding Rights and	Entry 1	3	30	H/600/6502
Responsibilities	, _			
Living in a Diverse Society	Entry 1	2	20	R/600/6494
Environmental Issues	Entry 1	2	20	R/600/6477
Unit Group H (Entry 2 Units)				
Learners can take a maximum of 2 credit				
Learners can take a maximum of 7 credit				
Learners can take a maximum of 18 cred	its within the			
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 2	1	10	F/600/6202
Household Expenses	Entry 2	3	30	F/600/6216
Recycling, Managing Waste	Entry 2	2	20	K/600/6226
Basic Cooking Techniques	Entry 2	3	30	L/600/6199
Food Safety and Storage	Entry 2	3	30	D/600/6210
Household Cleaning	Entry 2	3	30	M/600/6213
Everyday Food and Drink Preparation	Entry 2	3	30	R/600/6205
Household Shopping	Entry 2	3	30	R/600/6219
Make a Simple Meal	Entry 2	3	30	Y/600/6223
Using Domestic Appliances	Entry 2	2	20	T/600/6228
Personal Health	Entry 2	3	30	F/600/6295
Choosing Clothing and Footwear	Entry 2	2	20	L/600/6252
Making Choices	Entry 2	1	10	T/600/6486
Self-Advocacy	Entry 2	3	30	H/600/6497
Personal Presentation	Entry 2	3	30	T/600/6309
Looking after Clothes	Entry 2	3	30	D/600/6272
Drug and Alcohol Awareness	Entry 2	2	20	K/600/6260
Eating a Balanced Diet	Entry 2	3	30	A/600/6263
Personal Safety	Entry 2	3	30	D/600/6305
Health and Fitness	Entry 2	3	30	R/600/6267
Personal Care and Hygiene	Entry 2	3	30	H/600/6290
Living in the Community	Entry 2	1	10	F/600/6152
Accessing Health Services	Entry 2	3	30	J/600/6525
Getting about Safely	Entry 2	3	30	L/600/6543
Accessing Financial services	Entry 2	3	30	T/600/6519
Using Public Transport – Buses and	Entry 2	3	30	K/600/6548
Trains				
Accessing Commercial Services	Entry 2	3	30	L/600/6512
Accessing Leisure Services	Entry 2	3	30	T/600/6536
Knowing Your Local Area	Entry 2	3	30	H/600/6550
Using Public Transport – Taxis	Entry 2	2	20	J/600/6539

Accessing Helping Services	Entry 2	3	30	D/600/6532
Personal Awareness	Entry 2	2	20	F/600/6491
Understanding Relationships	Entry 2	2	20	K/600/6503
Developing Assertiveness	Entry 2	2	20	Y/600/6478
Accessing the Countryside	Entry 2	3	30	F/600/6314
Eating Out	Entry 2	3	30	R/600/6320
Outdoor Pursuits	Entry 2	3	30	D/600/6451
Pet Care	Entry 2	3	30	J/600/6458
Hobbies	Entry 2	2	20	L/600/6445
Participation in Team Activities	Entry 2	3	30	M/600/6454
Exploring Dance	Entry 2	3	30	J/600/6430
Exploring Art	Entry 2	3	30	A/600/6425
Exploring Music	Entry 2	3	30	Y/600/6433
Exploring Performance	Entry 2	3	30	A/600/6439
Observing and Encouraging Birds	Entry 2	3	30	D/600/6448
Gardening for Pleasure	Entry 2	3	30	A/600/6442
Working as a Volunteer	Entry 2	3	30	F/600/6507
Volunteering	Entry 2	2	20	M/600/6518
Law and Order	Entry 2	2	20	J/600/6489
Understanding Rights and	Entry 2	3	30	M/600/6504
Responsibilities				
Living in a Diverse Society	Entry 2	2	20	D/600/6496
Environmental Issues	Entry 2	2	20	D/600/6482

Entry 2 Rationale for Rules of Combination

Ascentis Entry 2 Award in Independent Living

Learners must achieve 6 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 5 credits must be achieved from the remaining unit groups. At least 3 credits must be at Entry 2.

Units with the same title at different levels are barred.

Ascentis Entry 2 Certificate in Independent Living

Learners must achieve 15 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 14 credits must be achieved from the remaining unit groups. At least 8 credits must be at Entry 2.

Units with the same title at different levels are barred.

Ascentis Entry 2 Diploma in Independent Living

Learners must achieve 37 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 36 credits must be achieved from the remaining unit groups. At least 19 credits must be at Entry 2.

Units with the same title at different levels are	barred.
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Ascentis Entry 2 in Independent Living						
Unit Group A (Mandatory): Learners mus	st achieve the	1 credit unit				
Title	Level	Credit Value	GLH	Unit ref		
Independent Living	Entry 2	1	10	T/600/6147		
Unit Group B (Household Skills) Units with the same title at different leve	els are barred					
Title	Level	Credit Value	GLH	Unit ref		
Kitchen Hygiene	Entry 2	1	10	F/600/6202		
Household Expenses	Entry 2	3	30	F/600/6216		
Recycling, Managing Waste	Entry 2	2	20	K/600/6226		
Basic Cooking Techniques	Entry 2	3	30	L/600/6199		
Food Safety and Storage	Entry 2	3	30	D/600/6210		
Household Cleaning	Entry 2	3	30	M/600/6213		
Everyday Food and Drink Preparation	Entry 2	3	30	R/600/6205		
Household Shopping	Entry 2	3	30	R/600/6219		
Make a Simple Meal	Entry 2	3	30	Y/600/6223		
Using Domestic Appliances	Entry 2	2	20	T/600/6228		
Unit Group C (Personal Care)				_		
Title	Level	Credit Value	GLH	Unit ref		
Personal Health	Entry 2	3	30	F/600/6295		
Choosing Clothing and Footwear	Entry 2	2	20	L/600/6252		

Personal Care and Hygiene	Entry 2	3	30	H/600/6290
Personal Presentation	Entry 2	3	30	T/600/6309
Looking after Clothes	Entry 2	3	30	D/600/6272
Drug and Alcohol Awareness	Entry 2	2	20	K/600/6260
Eating a Balanced Diet	Entry 2	3	30	A/600/6263
Personal Safety	Entry 2	3	30	D/600/6305
Health and Fitness	Entry 2	3	30	R/600/6267
Unit Group D (Accessing Community F	acilities)			
Title	Level	Credit Value	GLH	Unit ref
Living in the Community	Entry 2	1	10	F/600/6152
Accessing Health Services	Entry 2	3	30	J/600/6525
Getting about Safely	Entry 2	3	30	L/600/6543
Accessing Financial Services	Entry 2	3	30	T/600/6519
Using Public Transport – Buses and	Entry 2	3	30	K/600/6548
Trains				
Accessing Commercial Services	Entry 2	3	30	L/600/6512
Accessing Leisure Services	Entry 2	3	30	T/600/6536
Knowing Your Local Area	Entry 2	3	30	H/600/6550
Using Public Transport – Taxis	Entry 2	2	20	J/600/6539
Accessing Helping Services	Entry 2	3	30	D/600/6532
Unit Group E (Personal Development)				
Title	Level	Credit Value	GLH	Unit ref
Personal Awareness	Entry 2	2	20	F/600/6491
Understanding Relationships	Entry 2	2	20	K/600/6503
Developing Assertiveness	Entry 2	2	20	Y/600/6478
Making Choices		1		
Self-Advocacy	Entry 2	1	10	T/600/6486
	Entry 2 Entry 2	3	10 30	T/600/6486 H/600/6497
Unit Group F (Leisure Activities)				
Unit Group F (Leisure Activities) Title				
	Entry 2	3	30	H/600/6497
Title	Entry 2 Level	3 Credit Value	30 GLH	H/600/6497
Title Accessing the Countryside	Entry 2 Level Entry 2	3 Credit Value 3	30 GLH 30	H/600/6497 Unit ref F/600/6314
TitleAccessing the CountrysideEating Out	Entry 2 Level Entry 2 Entry 2	3 Credit Value 3 3	30 GLH 30 30	H/600/6497 Unit ref F/600/6314 R/600/6320
TitleAccessing the CountrysideEating OutOutdoor Pursuits	Entry 2 Level Entry 2 Entry 2 Entry 2	3 Credit Value 3 3 3 3	30 GLH 30 30 30	H/600/6497 Unit ref F/600/6314 R/600/6320 D/600/6451
TitleAccessing the CountrysideEating OutOutdoor PursuitsPet Care	Entry 2 Level Entry 2 Entry 2 Entry 2 Entry 2 Entry 2	3 Credit Value 3 3 3 3 3 3	30 GLH 30 30 30 30 30	H/600/6497 Unit ref F/600/6314 R/600/6320 D/600/6451 J/600/6458
TitleAccessing the CountrysideEating OutOutdoor PursuitsPet CareHobbies	Entry 2 Level Entry 2 Entry 2 Entry 2 Entry 2 Entry 2 Entry 2	3 Credit Value 3 3 3 3 3 2	30 GLH 30 30 30 30 20	H/600/6497 Unit ref F/600/6314 R/600/6320 D/600/6451 J/600/6458 L/600/6445
TitleAccessing the CountrysideEating OutOutdoor PursuitsPet CareHobbiesParticipation in Team Activities	Entry 2 Level Entry 2 Entry 2 Entry 2 Entry 2 Entry 2 Entry 2 Entry 2 Entry 2	3 Credit Value 3 3 3 3 3 2 2 3	30 GLH 30 30 30 30 20 30	H/600/6497 Unit ref F/600/6314 R/600/6320 D/600/6451 J/600/6458 L/600/6445 M/600/6454
TitleAccessing the CountrysideEating OutOutdoor PursuitsPet CareHobbiesParticipation in Team ActivitiesComputer Games	Entry 2 Level Entry 2 Entry 2 Entry 2 Entry 2 Entry 2 Entry 2 Entry 2 Entry 2 Entry 2	3 Credit Value 3 3 3 3 3 2 3 2 3 1	30 GLH 30 30 30 30 20 30 30 10	H/600/6497 Unit ref F/600/6314 R/600/6320 D/600/6451 J/600/6458 L/600/6454 R/600/6317
TitleAccessing the CountrysideEating OutOutdoor PursuitsPet CareHobbiesParticipation in Team ActivitiesComputer GamesExploring Dance	Entry 2 Level Entry 2 Entry 2	3 Credit Value 3 3 3 3 3 2 3 3 2 3 1 3 3 3	30 GLH 30 30 30 30 20 30 10 30	H/600/6497 Unit ref F/600/6314 R/600/6320 D/600/6451 J/600/6458 L/600/6454 R/600/6454 R/600/6317 J/600/6430
TitleAccessing the CountrysideEating OutOutdoor PursuitsPet CareHobbiesParticipation in Team ActivitiesComputer GamesExploring DanceExploring Art	Entry 2 Level Entry 2 Entry 2	3 Credit Value 3 3 3 3 3 2 3 3 2 3 1 3 3 3 3	30 GLH 30 30 30 30 20 30 30 10 30 30 30	H/600/6497 Unit ref F/600/6314 R/600/6320 D/600/6451 J/600/6458 L/600/6454 R/600/6454 R/600/6430 A/600/6425
TitleAccessing the CountrysideEating OutOutdoor PursuitsPet CareHobbiesParticipation in Team ActivitiesComputer GamesExploring DanceExploring ArtExploring Music	Entry 2 Level Entry 2 Entry 2	3 Credit Value 3 3 3 3 3 2 3 2 3 3 1 3 3 3 3 3	30 GLH 30 30 30 30 20 30 30 30 30 30 30	H/600/6497 Unit ref F/600/6314 R/600/6320 D/600/6451 J/600/6458 L/600/6454 R/600/6454 R/600/6430 A/600/6425 Y/600/6433

Unit Group G (Rights and Responsibilitie	s)			
Title	Level	Credit Value	GLH	Unit ref
Working as a Volunteer	Entry 2	3	30	F/600/6507
Volunteering	Entry 2	2	20	M/600/6518
Law and Order	Entry 2	2	20	J/600/6489
Understanding Rights and	Entry 2	3	30	M/600/6504
Responsibilities	,			
Living in a Diverse Society	Entry 2	2	20	D/600/6496
Environmental Issues	Entry 2	2	20	D/600/6482
Unit Group H (Entry 1 Units)				
Learners can take a maximum of 2 credit				
Learners can take a maximum of 7 credit				
Learners can take a maximum of 18 crec	lits within the	Diploma		
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 1	1	10	A/600/6201
Household Expenses	Entry 1	3	30	A/600/6215
Recycling, Managing Waste	Entry 1	2	20	H/600/6225
Basic Cooking Techniques	Entry 1	3	30	J/600/6198
Food Safety and Storage	Entry 1	3	30	K/600/6209
Household Cleaning	Entry 1	3	30	K/600/6212
Everyday Food and Drink Preparation	Entry 1	3	30	L/600/6204
Household Shopping	Entry 1	3	30	L/600/6218
Make a Simple Meal	Entry 1	3	30	R/600/6222
Personal Health	Entry 1	3	30	A/600/6294
Choosing Clothing and Footwear	Entry 1	2	20	J/600/6251
Personal Care and Hygiene	Entry 1	3	30	M/600/6289
Personal Presentation	Entry 1	3	30	M/600/6308
Looking after Clothes	Entry 1	3	30	R/600/6270
Drug and Alcohol Awareness	Entry 1	2	20	T/600/6259
Eating a Balanced Diet	Entry 1	3	30	T/600/6262
Personal Safety	Entry 1	3	30	Y/600/6304
Health and Fitness	Entry 1	3	30	Y/600/6268
Living in the Community	Entry 1	1	10	A/600/6151
Accessing Health Services	Entry 1	3	30	A/600/6523
Getting about Safely	Entry 1	3	30	A/600/6540
Accessing Financial services	Entry 1	3	30	D/600/6515
Using Public Transport – Buses and	Entry 1	3	30	D/600/6546
Trains				
Accessing Commercial Services	Entry 1	3	30	F/600/6510
Accessing Leisure Services	Entry 1	3	30	K/600/6534
Knowing Your Local Area	Entry 1	3	30	M/600/6549
Using Public Transport – Taxis	Entry 1	2	20	R/600/6527
Accessing Helping Services	Entry 1	3	30	R/600/6530
Personal Awareness	Entry 1	2	20	A/600/6490
Understanding Relationships	Entry 1	2	20	D/600/6501

Developing Assertiveness	Entry 1	2	20	J/600/6475
Making Choices	Entry 1 Entry 1	1	10	M/600/6485
Self-Advocacy	Entry 1	3	30	Y/600/6495
Accessing the Countryside	Entry 1	3	30	A/600/6313
Eating Out	Entry 1	3	30	D/600/6319
Outdoor Pursuits	Entry 1	3	30	Y/600/6450
Pet Care	Entry 1	3	30	F/600/6457
Hobbies	Entry 1	2	20	J/600/6444
Participation in Team Activities	Entry 1	3	30	K/600/6453
Exploring Dance	Entry 1	3	30	L/600/6428
Exploring Art	Entry 1	3	30	M/600/6423
Exploring Music	Entry 1	3	30	R/600/6432
Exploring Performance	Entry 1	3	30	T/600/6438
Observing and Encouraging Birds	Entry 1	3	30	Y/600/6447
Gardening for Pleasure	Entry 1	3	30	T/600/6441
Working as a Volunteer	Entry 1	3	30	A/600/6506
Volunteering	Entry 1	2	20	H/600/6516
Law and Order	Entry 1	2	20	F/600/6488
Understanding Rights and	Entry 1	3	30	H/600/6502
Responsibilities	2			
		_		D//00//404
Living in a Diverse Society	Entry 1	2	20	R/600/6494
Living in a Diverse Society Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit			20 20	R/600/6494 R/600/6477
Environmental Issues Unit Group I (Entry 3 Units)	Entry 1 ts within the A ts within the C	2 Ward Certificate		
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit	Entry 1 ts within the A ts within the C	2 Ward Certificate		
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred	Entry 1 ts within the A ts within the C lits within the	2 ward Certificate Diploma	20	R/600/6477
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title	Entry 1 ts within the A ts within the C lits within the Level	2 ward Certificate Diploma Credit Value	20 GLH	R/600/6477
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene	Entry 1 ts within the A ts within the C lits within the Level Entry 3	2 Ward Certificate Diploma Credit Value 1	20 GLH 10	R/600/6477 Unit ref J/600/6203
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses	Entry 1 ts within the A ts within the C lits within the Level Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3	20 GLH 10 30	R/600/6477 Unit ref J/600/6203 J/600/6217
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste	Entry 1 ts within the A ts within the C lits within the Level Entry 3 Entry 3 Entry 3	2 Ward Certificate Diploma Credit Value 1 3 2	20 GLH 10 30 20	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage	Entry 1 ts within the A ts within the C lits within the Level Entry 3 Entry 3 Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3 2 3	20 GLH 10 30 20 30	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning	Entry 1 ts within the A ts within the O lits within the Level Entry 3 Entry 3 Entry 3 Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3	20 GLH 10 30 20 30 30 30	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211 T/600/6214
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation	Entry 1 ts within the A ts within the C lits within the Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3 3	20 GLH 10 30 20 30 30 30 30	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211 T/600/6214 Y/600/6206
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping	Entry 1 ts within the A ts within the C lits within the Level Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3 3 2 2 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211 T/600/6214 Y/600/6206 L/600/6221
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping Make a Simple Meal	Entry 1 ts within the A ts within the C lits within the Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30 30	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211 T/600/6214 Y/600/6206 L/600/6221 D/600/6224
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping Make a Simple Meal Using Domestic Appliances	Entry 1 ts within the A ts within the C lits within the Level Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3 3 2 2 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30 30 20	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211 T/600/6214 Y/600/6206 L/600/6221 D/600/6224 A/600/6229
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping Make a Simple Meal Using Domestic Appliances Personal Health	Entry 1 ts within the A ts within the C lits within the Entry 3 Entry 3	2 Ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30 30 20 30	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211 T/600/6214 Y/600/6206 L/600/6221 D/600/6224 A/600/6229 L/600/6297
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping Make a Simple Meal Using Domestic Appliances Personal Health Choosing Clothing and Footwear	Entry 1 ts within the A ts within the C lits within the Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30 30 20 30 20	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211 T/600/6214 Y/600/6206 L/600/6221 D/600/6227 A/600/6221 L/600/6221 R/600/6223
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping Make a Simple Meal Using Domestic Appliances Personal Health Choosing Clothing and Footwear Personal Care and Hygiene	Entry 1 ts within the A ts within the C lits within the Entry 3 Entry 3	2 Ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30 30 20 30 20 30 30 20 30	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211 T/600/6214 Y/600/6206 L/600/6221 D/600/6224 A/600/6229 L/600/6297 R/600/6253 K/600/6291
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping Make a Simple Meal Using Domestic Appliances Personal Health Choosing Clothing and Footwear Personal Care and Hygiene Personal Presentation	Entry 1 ts within the A ts within the C lits within the Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30 30 20 30 20 30 30 30 30 30 30 30 30 30	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6227 H/600/6211 T/600/6214 Y/600/6206 L/600/6221 D/600/6223 A/600/6221 L/600/6221 K/600/6229 L/600/6297 R/600/6291 M/600/6311
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping Make a Simple Meal Using Domestic Appliances Personal Health Choosing Clothing and Footwear Personal Care and Hygiene Personal Presentation Looking after Clothes Drug and Alcohol Awareness Eating a Balanced Diet	Entry 1 ts within the A ts within the C lits within the Entry 3 Entry 3	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30 20 30 30 20 30 30 20 30 30 20 30 30 20 30 30 30 30 30 30 30 30 30 3	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6217 M/600/6217 M/600/6217 M/600/6217 M/600/6214 Y/600/6214 Y/600/6206 L/600/6221 D/600/6224 A/600/6229 L/600/6297 R/600/6253 K/600/6291 M/600/6311 R/600/6264 M/600/6264
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping Make a Simple Meal Using Domestic Appliances Personal Health Choosing Clothing and Footwear Personal Care and Hygiene Personal Presentation Looking after Clothes Drug and Alcohol Awareness Eating a Balanced Diet Personal Safety	Entry 1 ts within the A ts within the C lits within the Entry 3 Entry	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30 20 30 30 20 30 30 20 30 30 20 30 30 20 30 30 30 30 30 30 30 30 30 3	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6217 M/600/6214 Y/600/6214 Y/600/6214 Y/600/6206 L/600/6214 Y/600/6204 A/600/6221 D/600/6227 K/600/6221 D/600/6221 N/600/6221 N/600/6221 R/600/6223 K/600/6291 M/600/6253 K/600/6291 M/600/6261 F/600/6264 H/600/6306
Environmental Issues Unit Group I (Entry 3 Units) Learners can take a maximum of 2 credit Learners can take a maximum of 7 credit Learners can take a maximum of 18 cred Title Kitchen Hygiene Household Expenses Recycling, Managing Waste Food Safety and Storage Household Cleaning Everyday Food and Drink Preparation Household Shopping Make a Simple Meal Using Domestic Appliances Personal Health Choosing Clothing and Footwear Personal Care and Hygiene Personal Presentation Looking after Clothes Drug and Alcohol Awareness Eating a Balanced Diet	Entry 1 ts within the A ts within the C lits within the Entry 3 Entry	2 ward Certificate Diploma Credit Value 1 3 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	20 GLH 10 30 20 30 30 30 30 30 20 30 30 20 30 30 20 30 30 20 30 30 20 30 30 30 30 30 30 30 30 30 3	R/600/6477 Unit ref J/600/6203 J/600/6217 M/600/6217 M/600/6217 M/600/6217 M/600/6217 M/600/6214 Y/600/6214 Y/600/6206 L/600/6221 D/600/6224 A/600/6229 L/600/6297 R/600/6253 K/600/6291 M/600/6311 R/600/6264 M/600/6264

Getting about Safely	Entry 3	3	30	R/600/6544
Accessing Financial services	Entry 3	3	30	T/600/6522
Using Public Transport – Buses and	Entry 3	3	30	T/600/6553
Trains				
Accessing Commercial Services	Entry 3	3	30	R/600/6513
Accessing Leisure Services	Entry 3	3	30	A/600/6537
Knowing Your Local Area	Entry 3	3	30	A/600/6554
Using Public Transport – Taxis	Entry 3	2	20	J/600/6542
Accessing Helping Services	Entry 3	3	30	H/600/6533
Personal Awareness	Entry 3	2	20	L/600/6493
Understanding Relationships	Entry 3	2	20	T/600/6505
Developing Assertiveness	Entry 3	2	20	Y/600/6481
Making Choices	Entry 3	1	10	A/600/6487
Self-Advocacy	Entry 3	3	30	M/600/6499
Accessing the Countryside	Entry 3	3	30	J/600/6315
Eating Out	Entry 3	3	30	Y/600/6321
Outdoor Pursuits	Entry 3	3	30	H/600/6452
Pet Care	Entry 3	3	30	L/600/6459
Hobbies	Entry 3	2	20	R/600/6446
Participation in Team Activities	Entry 3	3	30	T/600/6455
Computer Games	Entry 3	1	10	Y/600/6318
Exploring Dance	Entry 3	3	30	L/600/6431
Exploring Art	Entry 3	3	30	F/600/6426
Exploring Music	Entry 3	3	30	K/600/6436
Exploring Performance	Entry 3	3	30	M/600/6440
Observing and Encouraging Birds	Entry 3	3	30	H/600/6449
Gardening for Pleasure	Entry 3	3	30	F/600/6443
Working as a Volunteer	Entry 3	3	30	J/600/6508
Volunteering	Entry 3	2	20	K/600/6520
Law and Order	Entry 3	2	20	J/600/6492
Understanding Rights and	Entry 3	3	30	Y/600/6500
Responsibilities				
Living in a Diverse Society	Entry 3	2	20	K/600/6498
Environmental Issues	Entry 3	2	20	K/600/6484

Entry 3 Rationale for Rules of Combination

Ascentis Entry 3 Award in Independent Living

Learners must achieve 6 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 5 credits must be achieved from the remaining unit groups. At least 3 credits must be at Entry 3.

Units with the same title at different levels are barred.

Ascentis Entry 3 Certificate in Independent Living

Learners must achieve 15 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 14 credits must be achieved from the remaining unit groups. At least 8 credits must be at Entry 3.

Units with the same title at different levels are barred.

Ascentis Entry 3 Diploma in Independent Living

Learners must achieve 37 credits in total. The 1 credit Mandatory unit must be achieved from Group A and the final 36 credits must be achieved from the remaining unit groups. At least 19 credits must be at Entry 3.

Units with the same title at different levels are barred.

Ascentis Entry 3 in Independent Living							
Unit Group A (Mandatory): Learners mus	st achieve the	1 credit unit					
Title	Level	Credit Value	GLH	Unit ref			
Independent Living	Entry 3	1	10	F/600/6149			
Unit Group B (Household Skills) Units with the same title at different leve							
Title	Level	Credit Value	GLH	Unit ref			
Kitchen Hygiene	Entry 3	1	10	J/600/6203			
Household Expenses	Entry 3	3	30	J/600/6217			
Recycling, Managing Waste	Entry 3	2	20	M/600/6227			
Basic Cooking Techniques	Entry 3	3	30	T/600/6200			
Food Safety and Storage	Entry 3	3	30	H/600/6211			
Household Cleaning	Entry 3	3	30	T/600/6214			
Everyday Food and Drink Preparation	Entry 3	3	30	Y/600/6206			
Household Shopping	Entry 3	3	30	L/600/6221			
Make a Simple Meal	Entry 3	3	30	D/600/6224			
Using Domestic Appliances	Entry 3	2	20	A/600/6229			
Unit Group C (Personal Care)							
Title	Level	Credit Value	GLH	Unit ref			
Personal Health	Entry 3	3	30	L/600/6297			
Choosing Clothing and Footwear	Entry 3	2	20	R/600/6253			

Personal Care and Hygiene	Entry 3	3	30	K/600/6291
Personal Presentation	Entry 3	3	30	M/600/6311
Looking after Clothes	Entry 3	3	30	R/600/6284
Drug and Alcohol Awareness	Entry 3	2	20	M/600/6261
Eating a Balanced Diet	Entry 3	3	30	F/600/6264
Personal Safety	Entry 3	3	30	H/600/6306
Health and Fitness	Entry 3	3	30	A/501/5194
Unit Group D (Accessing Community F	acilities)			
Title	Level	Credit Value	GLH	Unit ref
Living in the Community	Entry 3	1	10	J/600/6153
Accessing Health Services	Entry 3	3	30	L/600/6526
Getting about Safely	Entry 3	3	30	R/600/6544
Accessing Financial services	Entry 3	3	30	T/600/6522
Using Public Transport – Buses and	Entry 3	3	30	T/600/6553
Trains				
Accessing Commercial Services	Entry 3	3	30	R/600/6513
Accessing Leisure Services	Entry 3	3	30	A/600/6537
Knowing Your Local Area	Entry 3	3	30	A/600/6554
Using Public Transport – Taxis	Entry 3	2	20	J/600/6542
Accessing Helping Services	Entry 3	3	30	H/600/6533
Unit Group E (Personal Development)				
Title	Level	Credit Value	GLH	Unit ref
Personal Awareness	Entry 3	2	20	L/600/6493
Understanding Relationships	Entry 3	2	20	T/600/6505
Developing Assertiveness		2	20	
	Entry 3	Ζ	20	Y/600/6481
Making Choices	-	1	10	Y/600/6481 A/600/6487
Making Choices Self-Advocacy	Entry 3 Entry 3 Entry 3			
	Entry 3	1	10	A/600/6487
Self-Advocacy	Entry 3	1	10	A/600/6487
Self-Advocacy Unit Group F (Leisure Activities)	Entry 3 Entry 3	1 3	10 30	A/600/6487 M/600/6499
Self-Advocacy Unit Group F (Leisure Activities) Title	Entry 3 Entry 3 Level	1 3 Credit Value	10 30 GLH	A/600/6487 M/600/6499 Unit ref
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside	Entry 3 Entry 3 Level Entry 3	1 3 Credit Value 3	10 30 GLH 30	A/600/6487 M/600/6499 Unit ref J/600/6315
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out	Entry 3 Entry 3 Level Entry 3 Entry 3	1 3 Credit Value 3 3	10 30 GLH 30 30	A/600/6487 M/600/6499 Unit ref J/600/6315 Y/600/6321
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits	Entry 3 Entry 3 Level Entry 3 Entry 3 Entry 3	1 3 Credit Value 3 3 3 3	10 30 GLH 30 30 30	A/600/6487 M/600/6499 Unit ref J/600/6315 Y/600/6321 H/600/6452
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care	Entry 3 Entry 3 Level Entry 3 Entry 3 Entry 3 Entry 3	1 3 Credit Value 3 3 3 3 3	10 30 GLH 30 30 30 30	A/600/6487 M/600/6499 Unit ref J/600/6315 Y/600/6321 H/600/6452 L/600/6459
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies	Entry 3 Entry 3 Level Entry 3 Entry 3 Entry 3 Entry 3 Entry 3	1 3 Credit Value 3 3 3 3 3 3 2	10 30 GLH 30 30 30 30 20	A/600/6487 M/600/6499 Unit ref J/600/6315 Y/600/6321 H/600/6452 L/600/6459 R/600/6446
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities	Entry 3 Entry 3 Level Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3 Entry 3	1 3 Credit Value 3 3 3 3 3 2 2 3	10 30 GLH 30 30 30 30 20 30	A/600/6487 M/600/6499 Unit ref J/600/6315 Y/600/6321 H/600/6452 L/600/6459 R/600/6455
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities Computer Games	Entry 3 Entry 3	1 3 Credit Value 3 3 3 3 3 2 2 3 1	10 30 GLH 30 30 30 30 20 30 30 10	A/600/6487 M/600/6499 Unit ref J/600/6315 Y/600/6321 H/600/6452 L/600/6459 R/600/6455 Y/600/6318
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities Computer Games Exploring Dance	Entry 3 Entry 3	1 3 Credit Value 3 3 3 3 3 2 2 3 1 3 3	10 30 GLH 30 30 30 30 20 30 10 30	A/600/6487 M/600/6499 Unit ref J/600/6315 Y/600/6321 H/600/6452 L/600/6459 R/600/6455 Y/600/6318 L/600/6431
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities Computer Games Exploring Dance Exploring Art	Entry 3 Entry 3	1 3 Credit Value 3 3 3 3 3 2 2 3 3 1 3 3 3 3 3	10 30 GLH 30 30 30 30 20 30 30 10 30 30 30	A/600/6487 M/600/6499 Unit ref J/600/6315 Y/600/6321 H/600/6452 L/600/6459 R/600/6455 Y/600/6318 L/600/6431 F/600/6426
Self-Advocacy Unit Group F (Leisure Activities) Title Accessing the Countryside Eating Out Outdoor Pursuits Pet Care Hobbies Participation in Team Activities Computer Games Exploring Dance Exploring Art Exploring Music	Entry 3 Entry 3	1 3 Credit Value 3 3 3 3 3 2 3 2 3 3 1 3 3 3 3 3 3 3	10 30 GLH 30 30 30 30 20 30 30 10 30 30 30 30	A/600/6487 M/600/6499 Unit ref J/600/6315 Y/600/6321 H/600/6452 L/600/6459 R/600/6455 Y/600/6431 L/600/6431 F/600/6436 K/600/6436

Unit Group G (Rights and Responsibilities	5)			
Title	Level	Credit Value	GLH	Unit ref
Working as a Volunteer	Entry 3	3	30	J/600/6508
Volunteering	, Entry 3	2	20	K/600/6520
Law and Order	Entry 3	2	20	J/600/6492
Understanding Rights and	Entry 3	3	30	Y/600/6500
Responsibilities	Lind y o			1,000,0000
Living in a Diverse Society	Entry 3	2	20	K/600/6498
Environmental Issues	Entry 3	2	20	K/600/6484
Unit Group H (Entry 2 Units)				
Learners can take a maximum of 2 credits				
Learners can take a maximum of 7 credits				
Learners can take a maximum of 18 credi	its within the			
Title	Level	Credit Value	GLH	Unit ref
Kitchen Hygiene	Entry 2	1	10	F/600/6202
Household Expenses	Entry 2	3	30	F/600/6216
Recycling, Managing Waste	Entry 2	2	20	K/600/6226
Basic Cooking Techniques	Entry 2	3	30	L/600/6199
Food Safety and Storage	Entry 2	3	30	D/600/6210
Household Cleaning	Entry 2	3	30	M/600/6213
Everyday Food and Drink Preparation	Entry 2	3	30	R/600/6205
Household Shopping	Entry 2	3	30	R/600/6219
Make a Simple Meal	Entry 2	3	30	Y/600/6223
Using Domestic Appliances	Entry 2	2	20	T/600/6228
Personal Health	Entry 2	3	30	F/600/6295
Choosing Clothing and Footwear	Entry 2	2	20	L/600/6252
Making Choices	Entry 2	1	10	T/600/6486
Self-Advocacy	Entry 2	3	30	H/600/6497
Personal Presentation	Entry 2	3	30	T/600/6309
Looking after Clothes	Entry 2	3	30	D/600/6272
Drug and Alcohol Awareness	Entry 2	2	20	K/600/6260
Eating a Balanced Diet	Entry 2	3	30	A/600/6263
Personal Safety	Entry 2	3	30	D/600/6305
Health and Fitness	Entry 2	3	30	R/600/6267
Personal Care and Hygiene	Entry 2	3	30	H/600/6290
Living in the Community	Entry 2	1	10	F/600/6152
Accessing Health Services	Entry 2	3	30	J/600/6525
Getting about Safely	Entry 2	3	30	L/600/6543
Accessing Financial services	Entry 2	3	30	T/600/6519
Using Public Transport – Buses and	Entry 2	3	30	K/600/6548
Trains		_		
Accessing Commercial Services	Entry 2	3	30	L/600/6512
Accessing Leisure Services	Entry 2	3	30	T/600/6536
Knowing Your Local Area	Entry 2	3	30	H/600/6550
		-		

Accessing Helping Services	Entry 2	3	30	D/600/6532
Personal Awareness	Entry 2	2	20	F/600/6491
Understanding Relationships	Entry 2	2	20	K/600/6503
Developing Assertiveness	Entry 2	2	20	Y/600/6478
Accessing the Countryside	Entry 2	3	30	F/600/6314
Eating Out	Entry 2	3	30	R/600/6320
Outdoor Pursuits	Entry 2	3	30	D/600/6451
Pet Care	Entry 2	3	30	J/600/6458
Hobbies	Entry 2	2	20	L/600/6445
Participation in Team Activities	Entry 2	3	30	M/600/6454
Exploring Dance	Entry 2	3	30	J/600/6430
Exploring Art	Entry 2	3	30	A/600/6425
Exploring Music	Entry 2	3	30	Y/600/6433
Exploring Performance	Entry 2	3	30	A/600/6439
Observing and Encouraging Birds	Entry 2	3	30	D/600/6448
Gardening for Pleasure	Entry 2	3	30	A/600/6442
Working as a Volunteer	Entry 2	3	30	F/600/6507
Volunteering	Entry 2	2	20	M/600/6518
Law and Order	Entry 2	2	20	J/600/6489
Understanding Rights and	Entry 2	3	30	M/600/6504
Responsibilities				
Living in a Diverse Society	Entry 2	2	20	D/600/6496
Environmental Issues	Entry 2	2	20	D/600/6482

Guided Learning Hours (GLH)

The recommended guided learning hours for Entry 1, 2 and 3 Awards in Independent Living is 60. The recommended guided learning hours for Entry 1, 2 and 3 Certificates in Independent Living is 150.

The recommended guided learning hours for Entry 1, 2 and 3 Diplomas in Independent Living is 370.

Total Qualification Time (TQT)

The total qualification time for Entry 1, 2 and 3 Awards in Independent Living is 60. The total qualification time for Entry 1, 2 and 3 Certificates in Independent Living is 150. The total qualification time for Entry 1, 2 and 3 Diplomas in Independent Living is 370.

Age Range of Qualification

This qualification is suitable for learners aged 14+, 16–18 and 19+.

Contact & Further Information

New Centres please email <u>hello@ascentis.co.uk</u> or call 01524 845046

Existing Centres visit the Login area of our website to view the full specification.

Product Development for enquiries please email <u>development@ascentis.co.uk</u>